

MINISTRY OF FOOD.

NATIONAL RATION BOOK (B).

INSTRUCTIONS.

Read carefully these instructions and the leaflet which will be sent you with this Book.

1. The person named on the reference leaf as the holder of this ration book must write his name and address in the space below, and must write his name and address, and the serial number (printed upside down on the back cover) in the space provided to the left of each page of coupons.

Food Office of }
Issue }

ALFRETON

Date... *Oct 22 1918*

Signature of Holder...

Maggie Severn

Address ...

Mansfield Rd Alfreton

2. For convenience of writing at the Food Office the Reference Leaf has been put opposite the back cover, and has purposely been printed upside down. It should be carefully examined. If there is any mistake in the entries on the Reference Leaf, the Food Office should be asked to correct it.

3. The holder must register this book at once by getting his retailers for butcher's meat, bacon, butter and margarine, sugar and tea respectively, to write their names and the addresses of their shops in the proper space on the back of the cover. Persons staying in hotels, boarding houses, hostels, schools, and similar establishments should not register their books until they leave the establishment.

4. The ration book may be used only by or on behalf of the holder, to buy rationed food for him, or members of the same household, or guests sharing common meals. It may not be used to buy rationed food for any other persons.

Continued on next page

N. 2 J (Nov.)

IF FOUND, RETURN TO ANY FOOD OFFICE.

INSTRUCTIONS—continued.

5. Any leaf of coupons may be detached as a whole and used apart from the book, provided that the retailer has entered his name and address in the space provided on the back of the leaf. With the consent of the retailer, any leaf of coupons so filled up can be deposited with him, provided that the retailer enters the words "leaf deposited" below his name and address in his space on the back of the cover.
6. Coupons already detached from the leaf are invalid.
7. The leaves, spaces and counterfoils marked "spare" are for use if other foods are rationed.
8. The ration book may only be used while the holder is living in Great Britain, is not drawing Government rations, and is not in an institution (hospital, asylum, workhouse, etc.).
9. **PERSONS ENTERING INSTITUTIONS.**—If the holder of this book enters an institution, the ration book must be given up to the head of the institution.
10. **MEMBERS OF H.M. FORCES.**—If the holder joins the Forces, the book must be given up to the Naval, Military or Air Force Authorities. If the holder, being a member of H.M. Forces, is taken on the ration strength of a ship or unit, he must surrender the book to the officer commanding.
11. **PERSONS LEAVING GREAT BRITAIN.**—If the holder is leaving Great Britain for any place other than the Channel Islands, Ireland, or the Isle of Man for more than four weeks, the book must be given up to the Aliens' Officer on embarkation. In all other cases when the holder is leaving the country, the book must be kept by him but must be shown to the Aliens' Officer or other inspector on demand. It must not be used during absence, unless any particular coupons are valid under a rationing scheme in Ireland, Channel Isles, or the Isle of Man. All coupons not so used during the period of absence must be detached and destroyed.
12. **DEATH.**—If the holder of this book dies, the book must be immediately given up to the Registrar of Deaths by the person registering the death.
13. Any book not given up to the proper authorities in any of the above cases must be sent at once to the nearest Food Office.
14. It is a summary offence punishable by fine up to £100 or six months' imprisonment, or both, for any person—
 - (a) to apply for or to hold more than one ration book;
 - (b) to retain a ration book which ought to be given up;
 - (c) to use a ration book for purchases when it may not be used;
 - (d) to use the ration book of another person, except for or on behalf of that person, or to lend or give his own ration book to any other person;
 - (e) to purchase more than the proper ration in respect of any coupon or space;
 - (f) to use coupons for purchases without the leaf to which they belong, or in the wrong periods;
 - (g) to deface a ration book or without authority alter any entry made thereon,
 or otherwise to contravene any of these instructions or any of the provisions of the Rationing Order, 1918, under which this book is issued.

MEAT c18 18 c18	MEAT a18 18 a18	MEAT a17 17 a17	MEAT a15 15 a15	Number of pages here.
MEAT d18 18 d18	MEAT b18 18 b18	MEAT b17 17 b17	MEAT b15 15 b15	
Leaf 1x Holder's Signature		MEAT c17 17 c17	MEAT c15 15 c15	MEAT c14 14 c14
Address of Holder		MEAT d17 17 d17	MEAT d15 15 d15	MEAT d14 14 d14
Serial No. of Book		MEAT a19 19 a19	MEAT c16 16 c16	MEAT a16 16 a16
MEAT c13 13 c13	MEAT d19 19 d19	MEAT b19 19 b19	MEAT d16 16 d16	MEAT b16 16 b16
MEAT c13 13 d13	MEAT d19 19 d19	MEAT b19 19 b19	MEAT d16 16 d16	MEAT b16 16 b16

5. Any leaf
that the retailer
With the consent
provided that the
space on

THE SHIPPING CONTROLLER'S MESSAGE.

WHEN THE WAR WILL END.

The War will end when the Allied Forces are sufficient to defeat the enemy decisively.

When that will be depends on how large a force of America's Soldiers can be sent quickly to France to join the Allied Forces already there.

America has enough men and wishes to send them. But the number she sends must depend on the supplies—food, guns and equipment—which can be sent to France to maintain them, and, therefore, on the ships available to transport these supplies.

You can save ships by saving food, and, therefore, help to increase the Allied Armies and to win the War quickly.

If everyone in Great Britain ate only 2 ozs. a day less than last year, this saving alone would enable 200,000 additional American Soldiers to be sent to France and maintained there.

Every ship saved means 5,000 more soldiers in France.

SAVE FOOD AND WIN THE WAR QUICKLY.

NAME AND ADDRESS OF
RETAILER.

COOPER, V. A.
ALFRETON

MEAT 25	LARD 19	LARD 13	JAM 7	Number of Book here.
MEAT 25	LARD 14	LARD 9	JAM 3	
Leaf 2. Holder's Signature	LARD 15	LARD 11	JAM 5	Supplementary
Address of Holder	LARD 16	LARD 10	JAM, Etc.	
Serial No. of Book	LARD 26	LARD 17	LARD 11	
	LARD 24	LARD 18	LARD 12	
	LARD 25	LARD 23	LARD 12	

SPARE C
(Do nothing until told)

Holder's Signature }
Address }
Date

5. Any leaf that the retailer With the consent provided that it

THE SHIPPING CONTROLLER'S MESSAGE.

WILL END.

es are sufficient to defeat the

a force of America's Soldiers Allied Forces airdrop there. But the number food, guns and equipment in them, and, therefore, on the

ies, therefore, the

WAR MUSEUM

erial War es to receive preservation and biographical, printed or script, of all en who have or won distinctions during the War; also original letters, sketches, poems and other interesting documents sent from any of the war areas, and all kinds of mementoes, even of trifling character, which may be of interest in connection with the War.

They should be sent to:

THE SECRETARY,
Imperial War Museum,
Great George Street,
Westminster, S.W.1.

NAME AND ADDRESS OF RETAILER

ALFRED TON

JAM 23

Supplementary

JAM 19

Supplementary

JAM 13

Supplementary

JAM 7

Supplementary

Number of Book here.

22

SPARE

20

SPARE

JAM 15

Supplementary

JAM 9

Supplementary

JAM 3

Supplementary

Leaf 3. Holder's Signature.

Address of Holder

Serial No. of Book

JAM 17

Supplementary

JAM 11

Supplementary

JAM 5

Supplementary

SUPPLEMENTARY JAM, Etc., LEAF.

26

SPARE

24

SPARE

5

6

7

25

SPARE

23

SPARE

12

13

14

SPARE C (Do not bring until told)

Holder's Signature Address

Date

Leaf 6a.

SPARE SPACES for.....

15	16	17	18	19	20	X
21	22	23	24	25	26	X

SPARE SPACES for.....

15	16	17	18	19	20	X
21	22	23	24	25	26	X

SPARE SPACES for.....

15	16	17	18	19	20	X
21	22	23	24	25	26	X

Leave blank till told by public notice how to use these spaces.

SPARE SPACES for.....

1	2	3	4	5	6	7	8	9	10	11	12	13	X
14	15	16	17	18	19	20	21	22	23	24	25	26	X

SPARE SPACES for.....

1	2	3	4	5	6	7	8	9	10	11	12	13	X
14	15	16	17	18	19	20	21	22	23	24	25	26	X

NUMBERING OF WEEKS AND SPACES.

The numbered spaces in all cases correspond to the weeks as follows:—

week beginning	Sunday, 3 Nov.	10	week beginning	Sunday, 5 Jan.	19	week beginning	Sunday, 9 Mar.
1	10	11	12	20	16	16	16
2	17	12	19	21	23	23	23
3	24	13	26	22	30	30	30
4	1 Dec.	14	2 Feb.	23	6 April	6 April	6 April
5	8	15	9	24	13	13	13
6	15	16	16	25	20	20	20
7	22	17	23	26	27	27	27
8	29	18	2 Mar.				
9							

NAMES OF RETAILERS.

Name and Address of BUTCHER. 1

Name and Address of BACON Retailer. 2

Name & Address of BUTTER & MARGARINE 3
Retailer.

Name and Address of LARD Retailer. 4

Name and Address of SUGAR Retailer. 5

Name and Address of TEA Retailer. 6

Name and Address of Retailer for..... 7

Name and Address of Retailer for..... 8

276 11/21
J 18 N 234973

Serial No.

(83319) W B & L. Wt. 18758/1293 36,000m 8/18